

the H.E.A.R method

HIGHLIGHT: This would be the verse from the passage that jumps out to you the most. So if I am reading John 3 then maybe this would be John 3:16. You would want to write this verse out.

EXPLAIN: In the explain section you would take the verse or maybe a different portion of the text and see to explain in more in your own words or to provide some insight into the text. This would be where you use some basic skills of interpretation (maybe another future post). Some of this is just asking who, what, why, when, where, how.

APPLY: You would take a few minutes and think and pray about how God would apply this verse or passage to your life. Be looking for ways to immediately apply and not just looking at doing something in the future. You want God's Word to change your life and this is a great place to start.

RESPONSE: This would be a prayer of response to God regarding the verse and passage that was read. And asking God for the strength in implementing the application of the text.

This method is definitely great as it is easy to remember, use and apply. The strength is definitely in its simplicity and is great for any newer believer, and would be a great place to start a Bible study habit. I would recommend finding a journaling book to write these steps in them as you go. Just write the date on the top of a page and start studying.