

JOURNEY DISCIPLESHIP COURSE

Who's it for?

*"Where can I go to share my pain and struggle? Will anyone listen to me? How can I deal with my struggle? I'm alone, and afraid to tell anyone **what's really** happening in my heart."*

Such thoughts and questions plague many Christians. The Journey Discipleship Course provides in-depth discipleship and prayer support with the goal of helping individuals experience Jesus in their relationships, sexuality and identity.

This course is for anyone willing to be open with others about their life, and who desires to deepen their relationship with Jesus. It is for those struggling with relational, sexual, or identity issues (such as unhealthy relationships, self-hatred, shame, sexual addiction, pornography, abuse, marital problems, unwanted self-identified same-sex attraction, etc.)

What's involved?

Each evening of the five-month Journey Discipleship Course consists of worship, teaching, and prayer in small groups. These gender-specific groups (confidential and closed group format) are safe places for bringing our struggles to God and each other. There are weekly reading assignments for reflection, study, and prayer.

Participants apply and are interviewed prior to their enrolment in the course.

Course content includes these topics:

- God's intention: relationships and sexuality
- Understanding relational, sexual and identity struggles
- Receiving the Father's love and affirmation
- Naming and confessing our sins
- Being empowered by the Holy Spirit
- Understanding addiction and temptation
- Encountering Jesus in our wounds
- Gender and identity
- Understanding abuse
- Forgiveness
- Living as healthy men and women
- Finding Christ in community
- Healthy friendships

Embracing the church as a healing place

When: 03 May 2018 to 27 September 2018

(Every Thurs night excl. school holidays 7pm to 9:30pm, Sat 18 August 8:30am to 1:00pm)

Where: Brackendowns Baptist Church, 5 Kariba St, Alberton, JHB South

Cost: R1600 (incl. R600 dep. Payable over course duration)

Registration: <https://form.myjotform.com/80644714864564>

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