

EQUIPPED TO FOLLOW: Part 10

The joy of repentance

OPEN IN PRAYER

Invite someone to open in prayer, inviting the Holy Spirit to move and speak.

DISCUSSION

1. Go around the group asking everyone to share something that stood out for them or something they've been thinking about from the video.
 2. **Read 1 John 1:9:** What is the point of confession in this verse? **Now read James 5:16:** What is the point of confession here?
 3. Now I suggest you break up into gender-based groups so that people can share freely. But before you do this, remind people about the importance of these groups being a safe and confidential place; that we are not here to counsel each other, but to listen to each other and pray for each other.
 - a. Encourage people to share where God is convicting them. Have the courage to be as specific as possible.
 - b. Invite people to figure out what the 'positive side' of their conviction is: for example, if someone is convicted in the area of lust, what God wants FOR them is a free conscience, a healthy marriage (if married) and a healthy love and respect for men and woman alike. Or if someone is convicted by anger, what God wants FOR them is more peace.
 - c. What steps of repentance is God inviting you to take? I.e. step towards the life that God DOES want for you?
 4. Pray for one another about what has been shared.
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